

SPEED SWIMMING RECORDS AS AT 17 DECEMBER 2018.

Changes (+0) since last update on 20 November 2018, are shown in Red.



### SENIOR (Open Age) - LONG COURSE (50m) RECORDS.

### MENS.

<b>TIME</b>	<b>NAME</b>	<u>CLUB</u>	<b>DATE</b>	<b>VENUE</b>
22.95	James Burden	City of Coventry	01/08/2009	Sheffield
50.56	Adam Ruckwood	City of Birmingham	13/04/2002	Manchester
1:50.58	Paul Howe	City of Birmingham	09/08/1991	Rome
3:55.10	Paul Howe	City of Birmingham	28/07/1990	Crystal Palace
8:21.61	Carl Grosvenor	City of Coventry	17/07/2004	Manchester
15:48.88	Carl Grosvenor	City of Coventry	21/03/2003	Sheffield
26.38	Adam Ruckwood	City of Birmingham	11/04/2002	Manchester
55.65	Adam Ruckwood	City of Birmingham	22/04/1995	Sheffield
1:59.52	Adam Ruckwood	City of Birmingham	23/04/1995	Sheffield
27.79	Adam Whitehead	City of Coventry	03/08/2002	Manchester
1:01.05	Adam Whitehead	City of Coventry	31/07/2002	Manchester
2:12.30	Luke Davies	City of Birmingham	29/07/2016	Sheffield
24.92	<b>Aaron Wiles</b>	City of Coventry	30/07/2000	Sheffield
54.16	Aaron Wiles	City of Coventry	30/07/2000	Sheffield
2:02.09	Jason Beresford	City of Coventry	23/03/2003	Sheffield
2:05.75	David Maxwell	City of Coventry	19/07/2012	Sheffield
4:25.06	Neil Ashcroft	City of Coventry	11/04/2004	Sheffield
	22.95 50.56 1:50.58 3:55.10 8:21.61 15:48.88 26.38 55.65 1:59.52 27.79 1:01.05 2:12.30 24.92 54.16 2:02.09 2:05.75	22.95 James Burden 50.56 Adam Ruckwood 1:50.58 Paul Howe 3:55.10 Paul Howe 8:21.61 Carl Grosvenor 15:48.88 Carl Grosvenor 26.38 Adam Ruckwood 55.65 Adam Ruckwood 1:59.52 Adam Ruckwood 27.79 Adam Whitehead 1:01.05 Adam Whitehead 2:12.30 Luke Davies 24.92 Aaron Wiles 54.16 Aaron Wiles 2:02.09 Jason Beresford 2:05.75 David Maxwell	22.95 James Burden City of Coventry 50.56 Adam Ruckwood City of Birmingham 1:50.58 Paul Howe City of Birmingham 3:55.10 Paul Howe City of Birmingham 8:21.61 Carl Grosvenor City of Coventry 15:48.88 Carl Grosvenor City of Coventry 26.38 Adam Ruckwood City of Birmingham 55.65 Adam Ruckwood City of Birmingham 1:59.52 Adam Ruckwood City of Birmingham 27.79 Adam Whitehead City of Coventry 1:01.05 Adam Whitehead City of Coventry 2:12.30 Luke Davies City of Birmingham 24.92 Aaron Wiles City of Coventry 54.16 Aaron Wiles City of Coventry 2:02.09 Jason Beresford City of Coventry 2:05.75 David Maxwell City of Coventry	22.95         James Burden         City of Coventry         01/08/2009           50.56         Adam Ruckwood         City of Birmingham         13/04/2002           1:50.58         Paul Howe         City of Birmingham         09/08/1991           3:55.10         Paul Howe         City of Birmingham         28/07/1990           8:21.61         Carl Grosvenor         City of Coventry         17/07/2004           15:48.88         Carl Grosvenor         City of Coventry         21/03/2003           26.38         Adam Ruckwood         City of Birmingham         11/04/2002           55.65         Adam Ruckwood         City of Birmingham         22/04/1995           1:59.52         Adam Ruckwood         City of Birmingham         23/04/1995           27.79         Adam Whitehead         City of Coventry         03/08/2002           1:01.05         Adam Whitehead         City of Coventry         31/07/2002           2:12.30         Luke Davies         City of Birmingham         29/07/2016           24.92         Aaron Wiles         City of Coventry         30/07/2000           54.16         Aaron Wiles         City of Coventry         30/07/2000           2:02.09         Jason Beresford         City of Coventry         23/03/2003

### WOMENS.

EVENT	TIME	<u>NAME</u>	CLUB	<b>DATE</b>	VENUE
50m Freestyle	26.38	Justine Clark	Leamington Spa	13/02/2010	Columbia, MO
100m Freestyle	57.60	Justine Clark	Leamington Spa	14/02/2010	Columbia, MO
200m Freestyle	2:00.26	Georgina Lee	Camp Hill Edwardians	09/04/2004	Sheffield
400m Freestyle	4:20.51	Georgina Lee	Camp Hill Edwardians	24/06/2000	Coventry
800m Freestyle	8:51.29	Abigail Humphreys	City of Coventry	06/08/2014	Sheffield
1500m Freestyle	17:07.39	Alice Dearing	Boldmere	02/03/2013	Coventry
50m Backstroke	28.42	Lauren Cox	City of Coventry	28/07/2018	Sheffield
100m Backstroke	1:01.99	Lauren Cox	City of Coventry	25/07/2018	Sheffield
200m Backstroke	2:14.27	Helen Don-Duncan	City of Coventry	28/06/2002	Coventry
50m Breaststroke	32.10	Grace Callaghan	City of Coventry	31/07/2003	Glasgow
100m Breaststroke	1:08.86	Rachel Genner	City of Coventry	24/01/2004	Sheffield
200m Breaststroke	2:29.65	Rebecca Kamau	City of Birmingham	27/07/2016	Sheffield
50m Butterfly	27.97	Georgina Lee	Camp Hill Edwardians	30/07/2002	Manchester
100m Butterfly	59.45	Georgina Lee	Camp Hill Edwardians	08/04/2004	Sheffield
200m Butterfly	2:08.89	Georgina Lee	Camp Hill Edwardians	10/04/2004	Sheffield
200m Individual Medley	2:16.04	Sophie Caul	City of Birmingham	30/07/2007	Sheffield
400m Individual Medlev	4:48.60	Sophie Caul	City of Coventry	08/04/2004	Sheffield





SPEED SWIMMING RECORDS AS AT 17 DECEMBER 2018.





### JUNIOR (Under 16 on day of swim) - LONG COURSE (50m) RECORDS.

### BOYS.

EVENT	<b>TIME</b>	<b>NAME</b>	CLUB	<b>DATE</b>	<b>VENUE</b>
50m Freestyle	24.16	James Burden	City of Coventry	11/05/2008	Sheffield
100m Freestyle	53.16	Benjamin Stanford	City of Birmingham	15/04/2015	London
200m Freestyle	1:53.40	Bradley Lynch	City of Birmingham	04/03/2012	London
400m Freestyle	4:01.59	Bradley Lynch	City of Birmingham	03/03/2012	London
800m Freestyle	8:35.77	Bradley Lynch	City of Birmingham	09/03/2012	London
1500m Freestyle	16:05.41	Bradley Lynch	City of Birmingham	09/03/2012	London
50m Backstroke	28.43	James Burden	City of Coventry	27/01/2008	Sheffield
100m Backstroke	1:01.14	Jake Dixon	City of Birmingham	25/01/2014	Corby
200m Backstroke	2:08.87	Simon Duckham	City of Coventry	10/07/1998	Sheffield
50m Breaststroke	31.26	Adam Whitehead	City of Coventry	02/03/1996	Coventry
100m Breaststroke	1:07.55	Joshua Winnicott	City of Birmingham	31/07/2011	Sheffield
200m Breaststroke	2:26.85	Nathan Petch	City of Coventry	19/03/2003	Sheffield
50m Butterfly	26.67	Jake Dixon	City of Birmingham	09/03/2013	Leeds
100m Butterfly	57.24	Jake Dixon	City of Birmingham	30/07/2013	Sheffield
200m Butterfly	2:03.29	Earl Radtschenko	City of Coventry	18/07/2012	Sheffield
200m Individual Medley	2:09.20	Jake Dixon	City of Birmingham	02/08/2013	Sheffield
400m Individual Medley	4:32.26	Earl Radtschenko	City of Coventry	21/07/2012	Sheffield

### GIRLS.

EVENT	TIME	<b>NAME</b>	CLUB	<b>DATE</b>	VENUE
50m Freestyle	27.04	Molly Quelch	Team Mercia	05/11/2017	Nottingham
100m Freestyle	58.00	<b>Givenchy Sneekes</b>	City of Birmingham	14/01/2012	Sheffield
200m Freestyle	2:05.12	Eva Vicary	City of Coventry	28/03/2015	Sheffield
400m Freestyle	4:22.91	Cara Moody	City of Birmingham	08/12/2002	Bath
800m Freestyle	8:51.29	Abigail Humphreys	City of Coventry	06/08/2014	Sheffield
1500m Freestyle	17:07.39	Alice Dearing	Boldmere	02/03/2013	Coventry
50m Backstroke	29.03	Lauren Cox	City of Coventry	29/07/2017	Sheffield
100m Backstroke	1:03.39	Lauren Cox	City of Coventry	26/07/2017	Sheffield
200m Backstroke	2:18.22	Emma Smith	City of Birmingham	26/05/2012	Sheffield
50m Breaststroke	32.10	Grace Callaghan	City of Coventry	31/07/2003	Glasgow
100m Breaststroke	1:09.26	Grace Callaghan	City of Coventry	02/08/2003	Glasgow
200m Breaststroke	2:31.60	Charlotte Rigg	City of Birmingham	15/12/2017	Sheffield
50m Butterfly	28.13	Justine Clark	City of Coventry	16/07/2004	Lisbon
100m Butterfly	1:01.42	Justine Clark	City of Coventry	07/04/2004	Sheffield
200m Butterfly	2:16.13	Caitlin Hubbard	City of Birmingham	14/04/2016	Glasgow
200m Individual Medley	2:18.60	Rebecca Kamau	City of Birmingham	16/04/2015	London
400m Individual Medley	4:53.88	Abigail Humphreys	City of Coventry	10/04/2014	Glasgow





**SPEED SWIMMING RECORDS AS AT 17 DECEMBER 2018.** 





#### SENIOR (Open Age) - SHORT COURSE (25m) RECORDS.

## MENS.

EVENT	<b>TIME</b>	<u>NAME</u>	CLUB	DATE	<b>VENUE</b>
50m Freestyle	22.48	Matthew Bruce	City of Coventry	17/12/2015	Sheffield
100m Freestyle	49.48	Adam Ruckwood	City of Birmingham	09/12/2000	Sheffield
200m Freestyle	1:50.01	Benjamin Stanford	City of Birmingham	18/12/2016	Uxbridge
400m Freestyle	3:52.61	Paul Bavister	City of Coventry	1993	Gloucester
800m Freestyle	8:15.51	Alexander Hindle	City of Birmingham	19/10/2018	Street
1500m Freestyle	15:32.00	Alexander Hindle	City of Birmingham	16/11/2018	Stockport
50m Backstroke	25.47	Adam Ruckwood	City of Birmingham	18/01/2001	Sheffield
100m Backstroke	54.16	Adam Ruckwood	City of Birmingham	20/04/1997	Gothenburg
200m Backstroke	1:55.15	Adam Ruckwood	City of Birmingham	18/01/2001	Sheffield
50m Breaststroke	27.68	Adam Whitehead	City of Coventry	13/01/2004	Stockholm
100m Breaststroke	59.57	Luke Davies	City of Birmingham	15/12/2016	Sheffield
200m Breaststroke	2:08.54	Adam Whitehead	City of Coventry	13/12/1998	Sheffield
50m Butterfly	24.81	Aaron Wiles	City of Coventry	16/03/2000	Athens
100m Butterfly	53.93	Aaron Wiles	City of Coventry	16/03/2000	Athens
200m Butterfly	2:01.96	Rikki Morris	City of Coventry	08/08/2009	Leeds
100m Individual Medley	57.24	Neil Ashcroft	City of Coventry	17/08/2003	Stockport
200m Individual Medley	2:01.78	Neil Ashcroft	City of Coventry	26/08/2004	Manchester
400m Individual Medley	4:16.65	Neil Ashcroft	City of Coventry	27/08/2004	Manchester
4 x 100m Freestyle Tean	3:27.35	Ryan Morris / Mohammed Ahmed James Burden / Rikki Morris	City of Coventry	02/12/2012	Corby
4 x 100m Medley Team	3:50.97	Rikki Morris / Ryan Morris Earl Radtschenko / James Burden	City of Coventry	01/12/2012	Corby

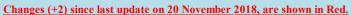
## WOMENS.

<b>EVENT</b>	<b>TIME</b>	<b>NAME</b>	<b>CLUB</b>	DATE	<u>VENUE</u>
50m Freestyle	25.82	Charlotte Graham	City of Coventry	09/08/2009	Leeds
100m Freestyle	55.04	Georgina Lee	Camp Hill Edwardians	20/03/2004	College Station, TX
200m Freestyle	1:57.60	Georgina Lee	Camp Hill Edwardians	19/03/2004	College Station, TX
400m Freestyle	4:08.03	Georgina Lee	Camp Hill Edwardians	18/03/2004	College Station, TX
800m Freestyle	8:44.62	Georgina Lee	Camp Hill Edwardians	08/12/2000	Sheffield
1500m Freestyle	17:35.00	< Standard Time			
50m Backstroke	27.24	Lauren Cox	City of Coventry	14/12/2018	Sheffield
100m Backstroke	59.45	Lauren Cox	City of Coventry	16/12/2018	Sheffield
200m Backstroke	2:09.99	Joanna Deakins	City of Coventry	05/12/1993	Palma
50m Breaststroke	31.18	Rachel Genner	City of Coventry	11/12/2003	Dublin
100m Breaststroke	1:07.04	Rachel Genner	City of Coventry	13/12/2003	Dublin
200m Breaststroke	2:26.25	Charlotte Rigg	City of Birmingham	16/12/2018	Sheffield
50m Butterfly	27.91	Justine Clark	City of Coventry	09/12/2005	Trieste
100m Butterfly	59.16	Georgina Lee	Camp Hill Edwardians	19/03/2004	College Station, TX
200m Butterfly	2:08.03	Georgina Lee	Camp Hill Edwardians	31/01/2004	East Meadow, NY
100m Individual Medley	1:04.19	Rebecca Kamau	City of Birmingham	04/04/2015	Birmingham
200m Individual Medley	2:14.81	Rebecca Kamau	City of Birmingham	17/12/2015	Sheffield
400m Individual Medley	4:41.68	Sophie Caul	Nuneaton & Bedworth	18/11/2006	Sheffield
4 x 100m Freestyle Tean	3:58.53	Leah Gowing / Abigail Humphreys Eva Vicary / Sophie Stables	City of Coventry	06/12/2014	Rugby
4 x 100m Medley Team	4:24.27	Abigail Jolley / Maddison Nuttall	Leamington Spa	04/11/2018	Nottingham





**SPEED SWIMMING RECORDS AS AT 17 DECEMBER 2018.** 





JUNIOR (Under 16 on day of swim) - SHORT COURSE (25m) RECORDS.

#### BOYS.

<b>EVENT</b>	<b>TIME</b>	<b>NAME</b>	<u>CLUB</u>	DATE	<b>VENUE</b>
50m Freestyle	23.86	James Burden	City of Coventry	24/03/2008	Birmingham
100m Freestyle	52.12	<b>Bradley Lynch</b>	City of Birmingham	08/04/2012	Birmingham
200m Freestyle	1:50.77	Bradley Lynch	City of Birmingham	09/04/2012	Birmingham
400m Freestyle	3:55.10	Bradley Lynch	City of Birmingham	07/04/2012	Birmingham
800m Freestyle	8:30.84	Joseph Iacovides	City of Coventry	07/11/2015	Nottingham
1500m Freestyle	16:01.38	Joseph Iacovides	City of Coventry	07/11/2015	Nottingham
50m Backstroke	27.45	James Burden	City of Coventry	24/03/2008	Birmingham
100m Backstroke	59.11	Jake Dixon	City of Birmingham	20/10/2013	Sheffield
200m Backstroke	2:07.61	Jake Dixon	City of Birmingham	16/11/2013	Stockport
50m Breaststroke	31.54	Mohammed Ahmed	City of Coventry	06/11/2010	Corby
100m Breaststroke	1:05.70	Ryan Griffiths	City of Coventry	15/12/2018	Sheffield
200m Breaststroke	2:20.64	Ryan Griffiths	City of Coventry	16/12/2018	Sheffield
50m Butterfly	27.01	James Burden	City of Coventry	03/11/2007	Braunstone
100m Butterfly	57.25	Jake Dixon	City of Birmingham	20/10/2013	Sheffield
200m Butterfly	2:06.55	Leo Karski	Boldmere	06/11/2016	Nottingham
100m Individual Medley	1:03.11	Leo Karski	Boldmere	16/10/2016	Worcester
200m Individual Medley	2:09.69	Jake Dixon	City of Birmingham	08/12/2013	Stafford
400m Individual Medley	4:32.70	Bradley Lynch	City of Birmingham	06/04/2012	Birmingham

### GIRLS.

<b>EVENT</b>	<b>TIME</b>	<u>NAME</u>	CLUB	<b>DATE</b>	<u>VENUE</u>
50m Freestyle	26.75	Abigail Jolley	Leamington Spa	04/11/2018	Nottingham
100m Freestyle	57.98	Eva Vicary	City of Coventry	05/04/2015	Birmingham
200m Freestyle	2:03.50	Eva Vicary	City of Coventry	04/04/2015	Birmingham
400m Freestyle	4:20.04	Eva Vicary	City of Coventry	04/04/2015	Birmingham
800m Freestyle	8:55.21	Caitlin Hubbard	City of Birmingham	16/12/2016	Sheffield
1500m Freestyle	17:47.00	< Standard Time			
50m Backstroke	29.02	Lauren Cox	City of Coventry	18/12/2016	Uxbridge
100m Backstroke	1:03.18	Lauren Cox	City of Coventry	25/06/2017	Uxbridge
200m Backstroke	2:13.79	Emma Smith	City of Birmingham	03/12/2011	Corby
50m Breaststroke	31.99	Grace Callaghan	City of Coventry	14/08/2003	Stockport
100m Breaststroke	1:08.94	Grace Callaghan	City of Coventry	17/08/2003	Stockport
200m Breaststroke	2:29.98	Charlotte Rigg	City of Birmingham	16/12/2016	Sheffield
50m Butterfly	28.35	Caitlin Hubbard	City of Birmingham	16/12/2016	Sheffield
100m Butterfly	1:01.82	Caitlin Hubbard	City of Birmingham	21/11/2015	Stockport
200m Butterfly	2:11.82	Caitlin Hubbard	City of Birmingham	15/12/2016	Sheffield
100m Individual Medley	1:04.19	Rebecca Kamau	City of Birmingham	04/04/2015	Birmingham
200m Individual Medley	2:17.34	Rebecca Kamau	City of Birmingham	06/12/2014	Rugby
400m Individual Medley	4:54.78	Erin Davies	City of Birmingham	17/11/2018	Stockport

